



Item	Price per item
<b>Sandwiches</b>	
Roasted Chicken with Basil Aioli, Arugula and Roasted Red Peppers (GF bread available +\$1)	\$15
Black Forest Ham and Havarti with tomato dijon mustard and arugula. (GF bread available +\$1)	\$15
Roasted Veggie Sandwich with fresh hummus, roasted red peppers, baby greens and sprouts (vegan) (GF bread available +\$1)	\$14
Caprese Sandwich: sliced mozzarella, fresh tomato, basil leaves and aioli and on croissant (vegetarian)	\$14
<b>Salads</b>	

Brown Rice Bowl with Hummus, Roasted Tomatoes, Roasted Broccoli, Jammy Egg and Whipped Feta on baby greens with toasted pumpkin and sunflower seeds and home made dressing. (GF)  (Vegetarian but can be made vegan) (Or add chicken +\$3)	\$15
Side Salad with greens, cucumbers, peppers, sliced almonds, sprouts, tomatoes Add egg for \$2, Add chicken for \$3	\$6
<b>Morning Pastries</b>	
Scones — sweet or savoury	\$5.00
1/2 Sized Scones	\$3.00
Muffins	\$4.00
GF Muffin	\$4.50
Individual Coffee Cake (vegan)	\$6.00
Butter Croissant	\$5.00
Chocolate Croissant	\$5.50
Almond Croissant	\$6.00
Fruit Danish	\$5.00
Veggie & Cheese Individual Quiche	\$6.50
Mini Veggie & Cheese Quiche	\$2.75
Sausage Roll (pork)	\$7.50
1/2 Sized Sausage Roll	\$3.75
<b>Cookies and Sweets</b>	
Deer & Dough cookie (chocolate chips, pecans, toffee bits and sea salt) (half size from our usual retail size)	\$2.50

Oatmeal Raisin Cookie (half size)	\$2.00
Ginger Molasses Cookie (half size)	\$2.00
Adventure Cookie (GF and Vegan) seeds, cranberries, dark chocolate	\$3.50
Amaretti Cookie (gf, df) made with almond flour	\$3.00
Lemon Tart (individual sized)	\$5.00
Coconut Cake Slice with cream cheese frosting	\$6.00
Carrot Cake Loaf slice	\$6.00
Lemon Loaf cake slice	\$5.00
Chocolate or Vanilla Cupcake with buttercream	\$5.00
Brownie (large)	\$4.50
Brownie Bites	\$2.50
Oat Fudge Bar	\$4.25
Oat Fudge Bite	\$2.50
Lime, Pistachio, Cardamom Teacake	\$7.00
French Apple Cake (GF)	\$7.00
<b>Coffee and Tea Service</b>	
Airpot with 96oz of Drumroaster coffee (12 8oz servings)	\$25.00
Airpot with hot water and 12 various teabags (caffeinated, decaffeinated and green)	\$15.00
8oz paper cups, lids, sleeves, sugar packets, stir sticks for 12, 2 cups of half-n-half and 1 cup of GF oat milk	\$12.00